



SAFETY TRAINING REVIEW TEST

NAME: _____

Please circle the correct answer:

1.	True	False	Many accidents can be eliminated by paying attention and following safety guidelines.
2.	True	False	It is important to have an Emergency Action Plan in place before a disaster occurs.
3.	True	False	An Individual Provider's work-related injuries are reported to the employer's Case Manager.
4.	True	False	Three items that should be in your emergency kit are medications, flashlights, and a radio.
5.	True	False	It isn't necessary to write down emergency numbers if you have them memorized.
6.	True	False	Exercise, stretching, and conditioning are a major part of back safety.
7.	True	False	Twisting while lifting will help prevent injury to your back.
8.	True	False	It is not important for health care workers to do stretching and strengthening exercises.
9.	True	False	When lifting a client, have them put their hands on your neck so they have a better grip.
10.	True	False	Musculoskeletal Disorders include conditions such as low back pain, rotator cuff injuries, and Carpal Tunnel Syndrome.
11.	True	False	Assistive Devices are designed to increase your employer's independence and safety.
12.	True	False	A sprain is an injury to muscles and tendons.
13.	True	False	A provider's work shoes should provide adequate support to the feet and ankles and provide good traction.

14.	True	False	Personal Protective Equipment (PPE) includes equipment or clothing such as gloves, gowns, or masks designed to prevent injury or illness from a specific hazard in the workplace.
15.	True	False	You only need to wash your hands for 10 seconds.
16.	True	False	Your risk of exposure to blood-borne pathogens in the workplace is small if you use standard precautions any time you may be exposed to blood or body fluids.
17.	True	False	If you are really busy, you don't have to use standard precautions.
18.	True	False	AIDS is the most common blood borne disease in the United States.
19.	True	False	You don't have to wear your seat belt if you're driving a short distance.
20.	True	False	Don't tell anyone if you feel physically threatened at work unless someone gets hurt.
21.	True	False	A Hazard Assessment gives you the opportunity to help eliminate or reduce any hazards found in your employer's home.
22.	True	False	Never flush your eyes with water if you get chemicals in them.
23.	True	False	Breathing oxygen-rich air is a health hazard.
24.	True	False	When you have to climb, it's OK to use a stair as long as it's sturdy.
25.	True	False	In a fire, get the client and yourself out first and then call 911.

I have received a copy of the Safety Training for Individual Providers manual. I attest that I have reviewed the manual and have completed the self review/test. I understand the contents of this document and agree to follow the recommendations to the best of my ability.

Student Signature: _____ Date: _____